

Psalm 46 | *Deus noster refugium*

*Please join the choir in singing the antiphon.*



The Lord of hosts \_ is with \_\_\_ us; the God\_ of Ja - cob is our strong-hold

**“The Lord of hosts is with us; the God of Jacob is our stronghold”**

- 1 God is our refuge and strength, \*  
a very present help in trouble.
- 2 Therefore we will not fear, though the earth be moved, \*  
and though the mountains be toppled into the depths of the  
sea;
- 3 Though its waters rage and foam, \*  
and though the mountains tremble at its tumult. **[Ant.]**
- 5 There is a river whose streams make glad the city of God, \*  
the holy habitation of the Most High.
- 6 God is in the midst of her;  
she shall not be overthrown; \*  
God shall help her at the break of day.
- 7 The nations make much ado, and the kingdoms are shaken; \*  
God has spoken, and the earth shall melt away. **[Ant.]**
- 9 Come now and look upon the works of the LORD, \*  
what awesome things he has done on earth.
- 10 It is he who makes war to cease in all the world; \*  
he breaks the bow, and shatters the spear,  
and burns the shields with fire.
- 11 "Be still, then, and know that I am God; \*  
I will be exalted among the nations;  
I will be exalted in the earth." **[Ant.]**

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